

Post-Conference Offering

Wilderness Is Medicine Presents

A Step In To Your Wild Wholeness:

Nature-based Resiliency for Your Self and Your Patients

Guides: Brian Stafford, MD, MPH & Adrienne Panter, LPC, Psy.D.

In Coordination with the Creativity & Madness Conference

Start Time: Aug 3rd, 3pm; End Time: August 5th, 1 pm.

Limit: 24 participants CME UNITS: 10 CMEs

Includes: Retreat Center and Exquisite Organic Meals

Venue: Synergia Ranch Retreat Center

Cost: \$300 for Program & Food Lodging is \$30-65 per night.

Total program cost is \$360 - 430 depending on room choice.

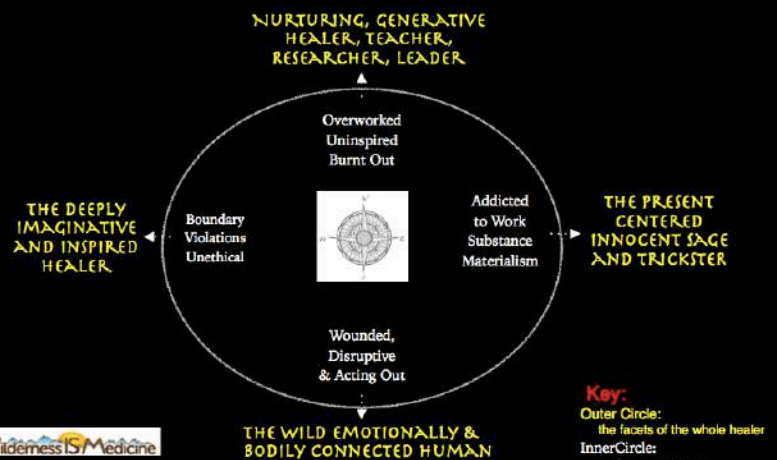
More Info: www.WildernessIsMedicine.org or 1-888-WILD-DOC



This 3-day experiential program addresses the deficits in wholeness related to our narrow information and skill-based education and training, and is a 3-day intensive and experiential exploration of our human psyches as unique expressions of the universal forces and patterns of wilderness and nature. Our wild-minds possess astonishing resources, untapped potentials and depths that we might not even know exist until we discover how to access them, cultivate their powers, and eventually integrate them into our everyday lives.

- In this intensive, we'll access these depths and potentials, which we call the four facets of the Healer's Self, or the four dimensions of our wilder human wholeness.
- In addition, we will also learn how to invite our patients to access these facets of wholeness.
- We'll explore the landscape of the psyche through a variety of practices, including solo exercises while on nature wanders, creative expression, self-designed ceremony, group work, movement, voice dialogue, journaling, and deep imagery work.

THE NATURE BASED MAP OF THE HEALER'S PSYCHE



We will, specifically, explore, discover, and consciously cultivate the following wild, whole healer archetypes employing the Nature Based Map of the Psyche adapted for the Healthcare Practitioner.

- The Innocent and Sage-Like Healer
- Wild Indigenous Healer
- The Deeply Imaginative Healer
- The Nurturing and Generative Healer



“This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American Institute of Medical Education and Wilderness IS Medicine. The American Institute of Medical Education is accredited by the ACCME to provide continuing medical education for physicians.”

